



## Take an active role in your sleep apnea therapy

SleepMapper self-management system

SleepMapper is the only free mobile app and web-based system that provides the personalized feedback you need to take an active role in your sleep apnea therapy. Information is easy to see, simple to find, and all at your fingertips.

- Stay motivated to reach the goals you've set for yourself
- Receive feedback on your results from the previous night\*
- View personalized videos and guides about sleep apnea and your sleep therapy equipment

\*Information may vary depending upon the Philips Respironics therapy device you have.



SleepMapper works with your smartphone, tablet device, or computer.

Learn more at sleepmapper.com

## It's easy to get started

SleepMapper works with your Philips Respironics sleep therapy device and mask. Simply download SleepMapper to your smartphone or tablet, or access it via your computer.

Access your sleep therapy data using either a Bluetooth module or your CPAP therapy machine's data card.

## It's all about you

With SleepMapper, you get the tools you'll need to know more about your therapy. You'll receive daily information specific to your actual therapy results so you can stay more involved and enhance your CPAP experience.

For more information about SleepMapper visit sleepmapper.com or contact your homecare provider. Join other CPAP users who have brighter days and more restful nights.



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