Validated and efficient scoring solution

Somnolyzer 24x7
Enhance your sleep study scoring

Somnolyzer 24x7 is a clinically-validated, computer-assisted sleep scoring system designed to help simplify and improve sleep study scoring productivity, accuracy, and consistency. By reducing the time sleep technicians spend on studies – typically to less than one-half of normal time – they can be free to deal with other important lab activities.

Many labs today face an increased demand for sleep diagnostic testing and a possible scarcity of sleep specialists. Implementing an automated scoring solution, like Somnolyzer 24x7, can help deal with these challenges. Automated scoring can help you enhance your lab efficiency, forecasting, and demand. Designed by sleep experts who understand your needs, Somnolyzer 24x7 offers many benefits for lab managers and technicians. It also can help enhance the relationship between labs and referring physicians and their patients who want quick study results.
Provides a smart solution to the challenges of scoring sleep studies

Somnolyzer 24x7 has been proven to most closely approximate human scoring and was tested on the largest normative database, as well as on thousands of patient studies. Some technicians may find they only need as little as 10-20 minutes for structured quality expert review. This increased efficiency may enable them to focus their expertise on the areas requiring refinement instead of routine, monotonous scoring.

Somnolyzer 24x7 is a reliable and validated, computer-assisted sleep scoring system that:

- Includes an expert review process
- Applies the same scoring rules as any human expert
- Follows R&K and current AASM standards
- Detects all relevant visual features (i.e., spindles, eye movements, delta waves) just as in manual scoring

Somnolyzer 24x7 provides automated analysis of:

- Sleep staging
- Arousal analysis
- Respiratory analysis
- Leg movement analysis

Somnolyzer 24x7 is designed to help your scoring studies be more efficient, consistent, and maintain a high level of inter-scorer agreement. With Somnolyzer 24x7 in place, your staff should be able to provide referral sources and patients with quicker results and handle any possible demands for increased patient throughput.

Overall performance (staging)

![Graph showing performance comparison]

Note: the above graphs are adapted from the studies referenced in the footnotes.
Widely recognized for its utility
Somnolyzer 24x7 adheres to the “AASM Manual for the Scoring of Sleep and Associated Events” 2007 guidelines.

• It was listed as the top Digital Sleep Analysis solution by the AASM in their evidence based review1 of Sleep Stage validation (as detailed in a multi-center study with the largest number of subjects)
• It has been used and validated in more than 20 drug and device clinical trials (insomnia, narcolepsy, etc.)4,5,6

Enhance your lab operation
Somnolyzer 24x7 provides lab managers with the ability to enhance:

Efficiency – enables a more efficient use of staff resources
Productivity – provides a significant increase in throughput with the same resources and helps reduce backlogs
Planning – easier capacity and financial planning with more predictable staffing requirements
Growth – by increasing scoring efficiency you can be better positioned to address increased demand or expand your services

Satisfy referral sources
Somnolyzer 24x7 enables you to provide many benefits to referring physicians:

Reliability – achieve close to 100% inter-scorer agreement following expert review2,3
Continuity – no need to adapt to a new layout; depending upon your diagnostic system, reports can look the same as before
Turnaround – reports are received much more quickly, sometimes even the same day
Standardization – patient results are compliant with the latest professional guidelines

Highly efficient, accurate, and consistent
Just as with human scoring, Somnolyzer 24x7 is most accurate when the signals are of high quality and compliant with the standard.

With its computer-supported solution followed by an expert review, Somnolyzer 24x7 helps enable the greatest degree of accuracy and consistency without any systematic deviations that could have an influence on subsequent diagnosis.

The Polysomnographic Feature File (PFF) helps clinicians easily identify signal deficiencies so they can focus their expertise where it is needed most. Trends within the file depict the distribution of key features in the EEG, EOG or EMG. The events (respiratory, leg movements, arousals) review is based upon an all-night overview of events and on a quick review based on a five-minute window of both signals and events. Looking at single epochs or single events is only necessary in clearly identified cases, based on this global picture.
Works with other PSG systems

Even if your diagnostic system is not fully supported for reintegration of Somnolyzer 24x7 results, our comprehensive sleep report – the “Spot Report” – contains all major variables (from AHI to Total Sleep Time).

All variables are compared to the world’s largest normative database on healthy sleep. Depending on the age and gender of the subjects a sleep profile of the most important parameters are compared to the norm. Significant deviations are clearly indicated and marked, and the report is generated in PDF format.

Integrated work flow

Somnolyzer 24x7 can directly interface with Alice Sleepware so that the user does not have to change work flow. Somnolyzer 24x7 results also can be re-integrated into a number of other leading diagnostic systems.

Home testing capability

Somnolyzer 24x7 can provide scoring on ambulatory or home testing studies for:

• Full portable PSG (Level 2; ambulatory PSG)
• Cardio-respiratory testing (Level 3)
• One- or two-channel devices (Level 4)

Part number Description
1076888 SOMLZ PSG Analysis (volume-based pricing)
1076892 SOMLZ Onsite Server Install/Training
1076893 SOMLZ PR Hosted Server Install/Remote Training
1076890 SOMLZ Expert Review Service PSG
1076891 SOMLZ Non-Contract Full Service

For home sleep testing (ask your sales representative regarding availability)

Part number Description
1076889 SOMLZ HST Analysis (volume-based pricing)
1078155 SOMLZ Expert Review Service HST