The best care demands exceptional support

Create prone, side-lying and supine positions that maintain midline alignment, flexion, and containment to promote self-regulation and stress-reduction.

**Prone position**

*In prone position, it is important to provide 360 degrees of boundary to maintain proper positioning on the Philips Prone Plus.*

Hold and slowly rotate infant from cradling to prone position with feet flexed, and head supported. This will prevent the infant from being self-suckling. Ensure infant’s back is arched (as if hugging the Prone Plus). The infant’s head should be flexed forward and without strain between the shoulder blades, and ankles on foot roll.

Adjust straps to provide containment and allow for movement to mimic the intrauterine environment.

Position Philips Frederick T. Frog around head and back (as depicted), to provide containment and support midline position and spinal flexion.

**Supine position**

*In supine position, utilize boundaries to maintain hip flexion and shoulder rounding in midline position.*

Flex the infant’s legs, and hips deep into the pocket facing the feet against the foot roll, keeping feet, legs and hips aligned.

Adjust straps to provide containment and allow for movement to mimic the intrauterine environment.

In supine position, utilize boundaries to maintain hip flexion and shoulder rounding in midline position.

**Side-lying position**

*In side-lying position, use boundaries to support the trunk and head to promote proper spinal flexion.*

Flex the infant’s legs, and hips deep into the pocket facing the feet against the foot roll, keeping feet, legs and hips aligned.

Adjust straps to provide containment and allow for movement to mimic the intrauterine environment.

Frederick T. Frog can also be used to provide midline containment. Two frogs can be stacked to provide additional support. Frederick T. Frog weighs one pound (0.45 kg); do not place full weight on or under infant. If the infant arches his head and neck, Frederick T. Frog comforting hands can be positioned (as shown) to provide additional support.

**Phototherapy**

*During phototherapy, modify SnuggleUp straps in a way that will allow for maximum light exposure.*

Apply Philips BiliEclipse Phototherapy mask before positioning infant in SnuggleUp.

Place infant in selected position following instructions as depicted above.

Either thinning wrap strap or fold away from infant to allow for maximum light exposure.

Visit www.philips.com/motherandchild to learn more about Bendy Bumper, SnuggleUp, Frederick T. Frog — and other neonatal products and solutions. Please see the Instructions for Use supplied with each product for complete information.