PHILIPS

DreamMapper

Mobile App User Guide

April 26, 2017

PHILIPS

Table of Contents

Welcome!

Welcome to DreamMapper[1]. Here are a few tips to familiarize you with this exciting app.

Sleep Screen

When you first log on to DreamMapper the "Sleep" screen is displayed and it defaults to the current date. Data is presented in one of three categories: AHI, Usage, and Mask Fit. Usage is the default category. The graph below shows the values for the selected category for a 7-day period including the displayed day. The graph highlights the currently-selected day on the graph in dark blue.

---

[1] DreamMapper is the next generation of the SleepMapper app from Philips

How to navigate

Changing the Date: Tap the chevrons

To go backward or forward in time, tap the chevrons ("<", ">") located beside the date. As you change the date, the highlighted bar in the graph and the details at the bottom of the screen reflects the selected date.

Changing the Date: Interacting with the graph

The graph responds to your touch, so that you can easily see your data for a different day or even a different week.

When a specific day of the graph is tapped, the focus of the currently selected Category will change to the tapped day.

Swipe left-to-right on the graph to see the preceding week, or right-to-left to see the following week.
The displayed date range confirms the new time period that's being presented by the graph.

Changing Data Categories

**To change the category and graph: tap the desired category**

The selected Category will always be in **bold**, and the default is Usage. To view your AHI or Mask Fit information for a different category tap on the label or value for the category. The pointer at the top of the graph section confirms your selection.

See Additional Details for the Day and Category

The bottom portion of the Sleep screen shows additional details pertaining to the Category you currently have selected in context of that day.
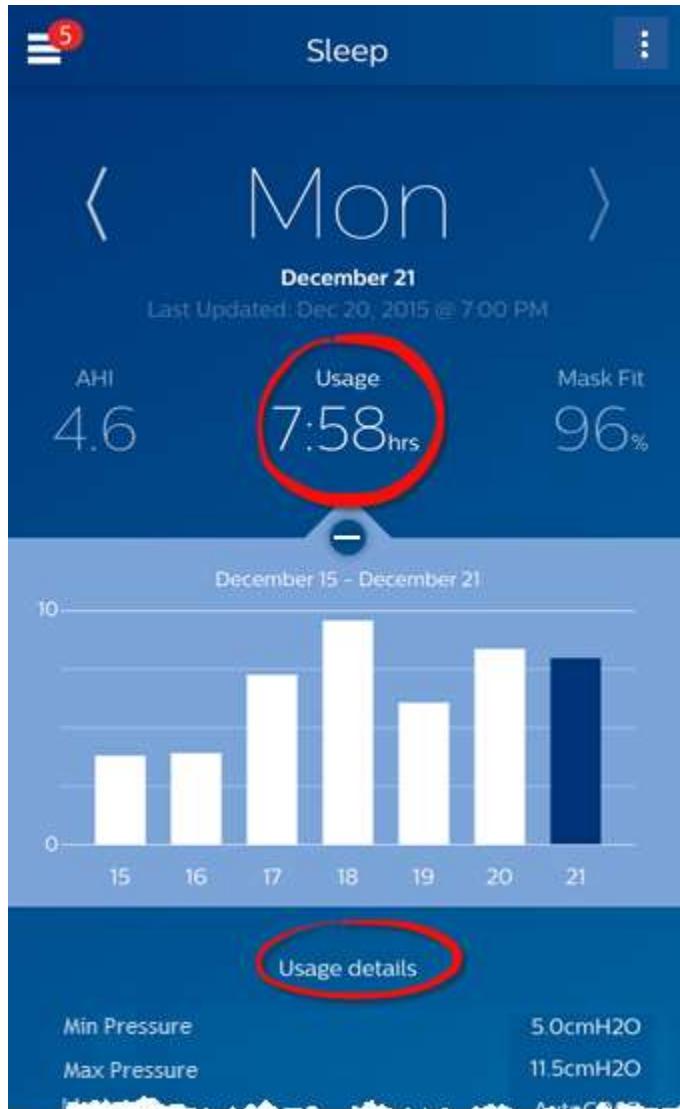
View a Report

To view a summary report showing Usage, AHI, and Mask Fit.

To view the report, click on the more options icon: . Tap on the Generate Report option. Select an **End Date** and a **Day Span** for the report then tap the **Generate Report** button. The report displays on-screen. You can scroll the report vertically, and you can tap on the PDF icon to create a PDF file.

Other Menu Choices

To navigate to the other menu items tap the menu icon

To see the **Menu** in the mobile apps tap the icon located in the top-left corner of the screen. When tapped, a menu appears revealing other areas of the application: **Feed**, **Learn**, **Goals**, **Coaching**, **Reminders**, **Settings**, and **Help**.

Feed Screen

The Feed section displays notifications that have been sent to your account: Reminders, Alerts, and Recommendations. All are ordered by date.

Learn Screen

The Learn section contains links to other helpful information related to Sleep apnea, Equipment Usage, and Troubleshooting.

Apnea tab

This page contains links to several videos addressing the causes and treatment of sleep apnea.

Equipment tab

This page contains links to videos and online guides related to the use of therapy equipment and DreamMapper.

Troubleshooting tab

This page contains links to videos on the subjects of Mask Issues, Device Pressure Issues, Equipment Issues, and Side Effects.

Goals Screen

The Goals screen displays several categories of monthly and personal goals:

- Days with 4+ hours of use in a month
- Consecutive days with use
- Consecutive days with 4+ hours of use
- Consecutive days with >75% Mask Fit

Tap on the ">" symbol to the right of each category to view its definition and to set your personal goals.

Coaching Screen

This section contains links to mini-questionnaires and videos pertaining to Motivation, Heart Risk, and your Feelings about sleep apnea and sleep therapy.

Tap on the ">" symbol to the right of a topic to view its mini-questionnaire or video.

Reminders Screen

The Reminders screen is where you set the time intervals at which you will be reminded to clean your mask, humidifier, tubing, and device filters. You can also schedule follow-up reminders. The reminders you schedule here will appear on the Feed screen.

To "turn on" a reminder, tap and slide its ⬜🔘 button. The button changes to this: 🟩

Next, select a time interval for the reminder from its drop-down list: Daily ⌄

For the Follow-up Reminder, select or enter a date in the space provided.

Settings Screen

The Settings screen contains information related to your Account, Equipment, and Contact Preferences.

Account

From here you can change your Username and Password, or any of the account information by tapping on them. You can also log out of DreamMapper.

Equipment

The options in this section allow you to identify your mask and therapy device. You can assign up to two therapy devices. To assign a device, tap on the ">" symbol adjacent to **Therapy Device**. In the Primary and optional Secondary sections, tap on the ">" symbols adjacent to the **Serial Number**, **Model**, and choose to turn on or off **Using Bluetooth** (device dependent). Enter the serial number as shown on the device. When finished, tap **Save**. The device **Model** name appears on the screen. You can then tap and slide the ⬜🔘 button if you want to connect your phone to the device **Using Bluetooth**.

Contact Preferences

Use the options in this section to specify how DreamMapper should contact you with important information about your therapy data. By default, **E-mail** is turned on and **Text Messages** is turned off. Note: Texting is available only for select wireless carriers in the USA.

Help Screen

The Help section contains general information about DreamMapper, terminology definitions regarding sleep apnea and sleep therapy, and Philips contact information.

FAQ tab

Some of this information may be new or unfamiliar to you. In the FAQ section you will find definitions for all the fields displayed within DreamMapper.

Support tab

If you still have difficulty using DreamMapper, use the contact information displayed here for help. We want you to love DreamMapper as much as we do.

About tab

This section provides DreamMapper's Intended Use, applicable Cautions, Warnings, Password Policy, and Philips contact information.

Product Support
Phone: 1 (855) 699-6276 or 1 (724) 387-5036
E-mail: dreammapper.support@philips.com

Australian sponsor details:
Philips Electronics Australia Ltd.
65 Epping Road, North Ryde, NSW 2113
Australia

Respironics Inc.
1001 Murry Ridge Lane
Murrysville, PA 15668 USA

Respironics Deutschland   GmbH & Co. KG
Gewerbestrasse 17
82211 Herrsching, Germany

EC REP

CE

1130610 R03
RPM 4/26/2017
English